

| General Strategies | Specific Actions |
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| <p style="text-align: center;">Initial engagement.</p> <p>Let them know you're concerned about what's going on.</p> | <p style="text-align: center;">Initial engagement.</p> <p style="text-align: right;"> "I noticed you stopped going to class." "You don't look too great." "I'm concerned about what's happening here." "I'm concerned for you." </p> |
| <p style="text-align: center;">Provide a distraction.</p> <p>Use something to pull attention away from the problematic behavior and focus it on something else. Change the topic or start a conversation.</p> | <p style="text-align: center;">Provide a distraction.</p> <p style="text-align: right;"> "Hey, we need to talk for a minute." "Are you enjoying this party?" "I hate this party, let's go." "I think your car is getting towed." "I think the cops just got here." </p> |
| <p style="text-align: center;">Delay the situation.</p> <p>This is good if you are dealing with someone who is taking advantage of someone. For example, the person is trying to remove an incapacitated person to a secluded area. Or a person is bullying someone else. You would not delay the situation if you are dealing with a mental health situation or academic concern.</p> | <p style="text-align: center;">Delay the situation.</p> <p style="text-align: right;"> "(Spills drink) My bad! That shirt looks expensive!" "Hey, buddy, your nose is bleeding!" "There's something weird on your back, looks like paint?" "Hey, don't I have class with you?" </p> |
| <p style="text-align: center;">Directly intervene.</p> <p>Say that what is happening is not okay, or it is not appropriate.</p> | <p style="text-align: center;">Directly intervene.</p> <p style="text-align: right;"> "How would you feel if that was happening to you?" "I know you are better than that." "I'm seeing _____, and I'm uncomfortable." "This is UMW. We don't do that." </p> |
| <p style="text-align: center;">Group intervene.</p> <p>Recruit people to help you. Get friends of the person you're concerned could be harmed, and friends of the person whose behavior you think could be problematic. The above is great if you see misconduct or inappropriate behavior. Use "group intervention" with caution if you are approaching a mental health or academic concern.</p> | <p style="text-align: center;">Group intervene.</p> <p style="text-align: right;"> "What do you think we should do?" "I'm noticing _____ is really drunk, let's help them out." "Everyone's going home alone tonight, you can call him/her tomorrow." </p> |
| <p style="text-align: center;">Make a scene.</p> <p>This is helpful when dealing with misconduct or inappropriate behavior. It can act both as a distraction and could delay the situation from escalating. Additionally, other bystanders will hopefully take notice of what is happening and you can recruit help to intervene more effectively. (Please do not make a scene for mental health or an academic concern.)</p> | <p style="text-align: center;">Make a scene.</p> <p style="text-align: right;"> "Get away from my sister/brother!" "That's my girlfriend/boyfriend, what are you doing?" "Hey, that person just stole my wallet!" </p> |
| <p style="text-align: center;">Contact professionals.</p> <p>Not every situation can be handled simply. You do not have to intervene alone. Referrals are essential for the student's success.</p> <p>The UMW Police Department and the Office of Residence Life both maintain 24 hour on-call personnel. UMW takes all reports seriously, and responds to dangerous situations quickly.</p> <p>The Dean of Student Life is here to support the student body and provide additional resources to the student in need of assistance.</p> <p>The Talley Center for Counseling Services will provide support to students who seek counseling for a number of reasons including time management.</p> <p>The Title IX Coordinator ensures the University's compliance and supports students who report sexual misconduct.</p> <p>The Office of Judicial Affairs and Community Responsibility handles the Code of Conduct and is an advocate for students.</p> | <p style="text-align: center;">Contact professionals.</p> <p>Emergency: 540-654-4444 Non-Emergency: 540-654-1025</p> <p>540-654-1200</p> <p>540-654-1053</p> <p>540-654-1263 or lcox@umw.edu</p> <p>540-654-1200</p> |