What to Bring for STP

The following is a suggested list of items for you to bring when you report to the University of Mary Washington for STP (July 11th – July 22nd, 2022). **Participants will be housed in Virginia Hall.**

- laptop *(strongly encouraged)*
- blanket/comforter
- sheets – twin xl size
- pillow/ pillowcases
- hair supplies (e.g., dryer, curling iron)
- toiletries (e.g., toothbrush, soap)
- towels & washcloths
- air freshener
- shower shoes
- swimsuit
- sneakers
- insurance/ health card
- umbrella
- fan
- plasticware (e.g., cups, napkins, plates, cutlery)
- laundry bag & detergent
- alarm clock
- flashlight
- iron
- cell phone
- coat hangers
- note books
- backpack
- money for miscellaneous activities (e.g., laundry)
- Refrigerator (no larger than 4.5 cubic ft.)

1. Please limit the amount of jewelry and money that you bring. The University and STP staffs are not responsible for lost or stolen property.

2. The University bookstore will be open during the time you are here if you wish to make purchases on campus. Purchases can also be made at the Park & Shop Shopping Center across the street. Additionally, there will be opportunities to visit local shops and eateries.

3. Dress is casual; however, **participants MUST bring at least ONE dress/business outfit**. All participants are required to wear shirts and shoes to class and any other public gathering. You should bring enough clothes and toiletries for 5 weeks. This may mean more than 1 set of clothes per day because some activities may require a change of clothes. Laundry facilities are located in the residence hall. **Please bring quarters and clothes detergent to operate and use the washing machines and dryers.**

4. The following items are prohibited:
   - automobiles
   - halogen lamps and candles
   - microwaves, hot plates, grills, hot pots, or any other cooking device (including coffee makers and popcorn makers)
   - pets other than fish
   - extension cords
   - tape for use on walls or floors & nothing may be attached to the ceiling or pipes